

COPMANTHORPE

Weekly Village Newsletter

Issue 1: 9th April 2020

Your weekly update on what's happening in Copmanthorpe during the Covid-19 pandemic.

While every effort has been made to ensure the accuracy of the following information, the editors can not be held responsible for any errors or omissions. Please contact the editors with any amendments or additions at editorcopvillnews@gmail.com, heading your email with 'Weekly Newsletter'. Any opinions or information expressed in this Newsletter are those of the contributors and are not endorsed or confirmed as being accurate by the editorial team.

Advice from the Government and the NHS:

Stay at home to stop Coronavirus spreading

You should only leave the house for very limited purposes:

- Shopping for basic necessities, for example food and medicine, which must be as infrequent as possible
- One form of exercise a day, for example a run, walk, or cycle – alone or with members of your household
- Any medical need, including to donate blood, avoid or escape risk of injury or harm, or to provide care or to help a vulnerable person
- Travelling for work purposes, but only where you cannot work from home

Important - these reasons are exceptions – even when doing these activities you should be minimising time spent outside of the home and ensuring you are 2 metres apart from anyone outside of your household.

Support for Residents During the Coronavirus Pandemic:

- Volunteers are ready and able to support those residents who are unable to leave their houses.
- To request help via City of York Council call 01904 551 550 or email covid19help@york.gov.uk
- To volunteer to help go to www.york.gov.uk/form/VolunteeringCoronavirus
- To contact local support within the village call 07871 781 052 or email copmanthorpecovid19@gmail.com

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Food Outlets and Take Aways:

- The Co-op remains open and well stocked. Customers are being asked to observe social distancing in store and access is regulated to limit the numbers in store at any one time. You may be asked to queue outside (with 2mt between individuals) until someone has finished shopping
- Tesco at Askham Bar is open and well stocked. Customers are being asked to observe social distancing in store and access is regulated to limit the numbers in store at any one time. You may be asked to queue outside (with 2mt between individuals) until someone has finished shopping.
- Home delivery. Most supermarkets are continuing to offer a home delivery service but, currently, are not offering this service to new customers. Customers are being asked NOT to use the home delivery service if they can safely visit the store(s).
- The Sun Inn at Colton is selling basic foods but will only allow two customers at a time inside. They also offer a take away menu and a fresh meat ordering service and can organise local deliveries to Copmanthorpe on a Tuesday, Thursday and Saturday.
 - Orders for fresh meat should be made by 12:00noon on Monday for Wednesday collection and by 5:00pm on a Wednesday for Friday collection. Email orders to chefash30@icloud.com.
 - For shop and takeaway hours and orders call 01904 744 261
- The chef at Pike Hills Golf Club is offering a take away meal service. Call 07949 550 884 or email teeboxcatering@gmail.com.
- The Nags Head at Askham Bryan is offering a takeaway menu from 4:00pm to 9:00pm, Monday to Saturday and a delivery service with last orders at 8:00pm, same days. They are also offering a Sunday lunch service. Call 01904 706 953. Menus on their Facebook page.
- Ged Bell Butchers are offering a delivery service to Copmanthorpe on a Thursday. Orders must be placed by 'phone by Wednesday. Call 01904 706 069
- Millie's Greengrocers are offering a delivery service, see www.milliesyork.uk or call 07766 313 122 for information
- Miller Food Services are offering a grocery delivery service on a next day basis if ordered before 9:00pm and a click and collect service from their Dunnington cash and carry. See www.millerfoodservice.co.uk or call 01904 655 368
- Ainsty Ales are offering to deliver their real ales, email info@ainstyales.co.uk or call 01904 703 233 for information.
- Further afield, with thanks to the researchers at York Covid-19 Community - Copmanthorpe, the following companies are offering delivery and/or takeaway services:
 - Bluebird Bakery, City Centre - hello@bluebirdbakery.co.uk 01904 627706
 - Café No 8 - bistro@cafeno8.co.uk or 01904 653074
 - Dough Eyed Pizza, City Centre - hi@dougheyed.uk or 07342 634990
 - Gatehouse Coffee, City Centre - 01904 464050
 - The Hairy Fig, City Centre - 07884493309
 - Le Cochon Aveugle, City Centre - 01904 640222
 - Shambles Fruit & Veg, City Centre - 07852 877053
 - Sheila's GreenGrocers, City Centre - 07470308824
 - Street Cleaver at Fossgate Social, City - www.facebook.com/streetcleaveryork
 - Love Cheese, Gillygate - 01904 622967
 - Costello's Good Food Shop, Bishopthorpe Road - www.costellosgoodfoodshop.co.uk or 01904 637445

- Fruitique, Bishopthorpe Road - 01904 653821
- Good Food Shop, Bishopthorpe Road - 01904 637445
- M&K Quality Butchers, Bishopthorpe Road - 01904 639300
- Robinsons, Bishopthorpe Road - 01904 674447
- The Fruit Loop Of York, Bishopthorpe Road - 07749 219323
- The Greengrocer Of Acomb - 07402 149715
- Love To Eat, Dringhouses - fiona@lovetoeat.co.uk or 01904 778880 or 07951 170620
- Richardsons of Woodthorpe, Woodthorpe - www.richardsonsofwoodthorpe.co.uk or 01904 707876
- Knavesmire Butchers, South Bank - 01904 620722
- Food Circle, Tang Hall - Call 07511 717946
- FR Fowler & Son (Burnholme Fisheries), Tang Hall - 01904 421360 or 07711 808800
- Fastpack, Heworth - 01904 430990
- Heworth Dairies Ltd, Heworth - 01904 421105
- Love's Greengrocers, Heworth - lovesgreengrocers@outlook.com or 07513 230580 or 07525 226 575
- One Six One Catering, Heworth - 07508 028327
- Tony Neary Butchers, Clifton - 01904 623128
- Clifton Green Spar, Clifton - 01904 655005
- Kelly's Food For You, Huntington - 07719442633
- Wilsons of York, Huntington - 01904 621835
- Fodder & Forage, New Earswick - rosie@fodderandforage.com or 01904 220533
- Cooplands, Haxby - 01904 766767
- George's Greens Wholesale and Retail, Haxby - 01904 767900
- Hacı's Place, Haxby - 01904761600
- Haxby Bakehouse, Haxby - mail@haxbybakehouse.co.uk or 01904 765878
- Haxby Butchers, Haxby - 01904 768796
- Our Little Friends, Haxby - 07562 348818
- LS Cakery, Wigginton - lisha@lscakery.co.uk or 07841 660 101
- D&Y Taylor butchers, Strensall - 01904 491092
- Viking Butchery, Poppleton - 01904 794848
- Bish N Chips, Bishopthorpe - 01904 709159
- Heslington Fresh Food Ltd, Escrick - hffltd@live.co.uk or 01904 728905
- Caffé Valeria, Wheldrake - 07968 815982
- Hebden and Sons, Easingwold - 01347 824540
- Brown's Greengrocers, Pocklington - 01759 307134
- Richardson's Produce, Easingworld(?) - www.richardsonsproduce.co.uk/shop, email info@richardsonsproduce.co.uk or 01347 888 338
- York Virtual High Street – www.yorkhighstreet.com/
- Star Seed Catering - starseedcafe@gmail.com or 07701 348575
- The Early Bird Milkman - 07972 758963
- Hudson Fresh Milk - 07519 620211
- York Wholesale Meats - 01904 613678 or www.yorkwholesalemeats.co.uk
- Poppy Caterers - 01347 878628
- Two Jays Caterers - 07884 075231
- Brew York, City Centre - sales@brewyork.co.uk or 01904 848448

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Medical Services

- Old School Medical Practice. All routine appointments will be telephone consultations. If the clinician decides a face to face appointment is required patients will be advised during the consultation. Appointments may be made by calling 01904-706455. The online appointment service has been temporarily suspended.
- Front Street Surgery (Copmanthorpe) – patients should call the main switchboard on 01904 794141. Lines are open from 8.00am to 6.00pm Monday to Friday.
- Copmanthorpe Pharmacy is open and well stocked but customers will be served at the door, ring the bell for attention.
- Thorpe Dental Group is operating an emergency telephone consultation service for patients who have urgent pain or swelling. For urgent assistance, call 01904 706795.
- Further afield, with thanks to the researchers at York Covid-19 Community - Copmanthorpe, the following companies are offering delivery and/or takeaway services:
 - Monkbar Pharmacy, City Centre - covid19@monkbarpharmacy.co.uk

Pets & Pet Supplies

- Minster Vets. Routine appointments are no longer being offered in-person in line with government guidelines on social distancing. The practice is offering vet telephone consultations in order to help remotely where appropriate. Call 01904 705701
- Foss Feeds are open with plenty of stock to supply customers with pet food, treats, etc. They aren't currently able to have customers in-store but are offering online ordering for local delivery or click & collect from the store. Order at: www.fossfeeds.com/
- Further afield, with thanks to the researchers at York Covid-19 Community - Copmanthorpe, the following companies are offering delivery and/or takeaway services:
 - Acomb Pets - 01904 798963
 - Pets Pantry, Huntington - 01904 620527

Exercising

- Government guidelines say people can go out to exercise, for example, on a run, walk or cycle, but just once a day and being careful to maintain social distancing.
- If you go out for a walk in the fields surrounding our village please be careful to keep to the paths and don't walk across fields, especially those containing newly sown crops.

Village Latest News

- **RECYCLING COLLECTIONS.** Waste crews will be working in smaller teams to ensure that they can maintain a safe distance during working hours to protect themselves from infection. Residents should be aware of the following changes to recycling collections:
 - Recycling will be split into two vehicles, one vehicle will collect plastic, tins and glass (some mixing on the vehicle may take place), a separate vehicle will collect paper and cardboard

- Residents may experience two separate collections of recycling on the same day as the two vehicles may not arrive at the same time, in some instances this may take a number of hours
- As some mixing on the plastic, tins and glass vehicle will take place, the Council will accept mixed plastic, tins and glass, but cardboard and paper must be separated
- The Council encourages residents to put out their recycling as normal, for 7am.
- **GARDEN WASTE COLLECTIONS**, due to start on Monday 6th April, have been paused by City of York Council to help ensure other waste collections continue.
- The **VILLAGE NEWSLETTER** is not being delivered door to door due to the Coronavirus distancing restrictions. The editorial pages may be downloaded and read by clicking here
- **COPMANTHORPE CARNIVAL** has been postponed for a year. The 2021 Carnival will take place on Saturday 3rd July.
- **COPMANTHORPE HORTICULTURAL SHOW**, scheduled for 11th July, has been cancelled for this year
- The **VE DAY CELEBRATIONS** planned for 8th May have been deferred in the light of the current health situation.
- **RECYCLING NEWS:** The Parish Council regrets that it's very successful Recycling Scheme is temporarily suspended. Please click on News & Events for further details

City of York Council Activities

- The Council has started its normal grass cutting rounds. Although this might not be essential work, all local authorities are continuing to cut grass in order to maintain the highway (which includes verges and footpaths) in order to prevent grass from overhanging footpaths, causing trip/slip hazards and to stop long grass blocking sight lines at junctions. They are cutting other grass areas but will not be collecting grass cuttings.
- Street Cleaning. As long as resources allow, the Council are continuing to:
 - Empty dog waste and litter bins
 - Remove fly tips
 - Attend to reports of glass, dog excrement and discarded sharps
 - Normal litter picking rounds
 - City centre cleansing (reduced due to lack of foot traffic)
 - Mechanical sweeping
- Highway Weed Control
 - As with the cutting of grass verges, controlling weeds on the highway will ensure no trip/slip hazards and prevent damage to footpaths, which in turn would cause further hazards.
 - This year's first round of weed control has been brought forward a few weeks due to the fact that weeds are already growing and the Council want to get on top of them to avoid any repetition of the issues suffered last year.
 - The first spraying in Copmanthorpe is due on Monday 27th April

Things to do at Home

- Many establishments are offering online activities, here are some but there are many more to be found online:
 - Natural History Museum - www.nhm.ac.uk/visit/virtual-museum.html
 - National Gallery - www.nationalgallery.org.uk/visiting/virtual-tours
 - Grand Canyon - www.nps.gov/grca/learn/photosmultimedia/virtualltour.htm

- NASA - www.nasa.gov/nasa-at-home-virtual-tours-and-augmented-reality
- Machu Picchu - www.youvisit.com/tour/machupicchu?pl=f
- Buckingham Palace - www.royal.uk/virtual-tours-buckingham-palace
- Kew Gardens - www.kew.org/about-us/virtual-kew-wakehurst
- Pyramids of Giza, Petra, Angkor, Taj Mahal, and Venice - www.heritagedaily.com/category/archaeology-news