



# COPMANTHORPE

## Weekly Village Newsletter

Issue 3: 14<sup>th</sup> May 2020

### The third update on what's happening in Copmanthorpe during the Covid-19 pandemic.

While every effort has been made to ensure the accuracy of the following information, the editors can not be held responsible for any errors or omissions. Please contact the editors with any amendments or additions at [editorcopvillnews@gmail.com](mailto:editorcopvillnews@gmail.com), heading your email with 'Weekly Newsletter'. Any opinions or information expressed in this Newsletter are those of the contributors and are not endorsed or confirmed as being accurate by the editorial team.

### Advice from the Government and the NHS:



- While everyone is being told to stay at home, it can be hard to know what to do if you're unwell.
- For help from a GP – use your GP surgery's website, use an online service or app, or call the surgery.
- For urgent medical help – use the NHS 111 online service, or call 111 if you're unable to get help online.
- For life-threatening emergencies – call 999 for an ambulance.
- If you're advised to go to hospital, it's important to go.
  
- Stay alert
- We can all help control the virus if we all stay alert. This means you must:
  - Stay at home as much as possible
  - Work from home if you can
  - Limit contact with other people
  - Keep your distance if you go out (2 metres apart where possible)
  - Wash your hands regularly
  - Do not leave home if you or anyone in your household has symptoms.

### Support for Residents During the Coronavirus Pandemic:

- Volunteers are ready and able to support those residents who are unable to leave their houses.
- To request help via City of York Council call 01904 551 550 or email [covid19help@york.gov.uk](mailto:covid19help@york.gov.uk)
- To volunteer to help go to [www.york.gov.uk/form/VolunteeringCoronavirus](http://www.york.gov.uk/form/VolunteeringCoronavirus)
- To contact local support within the village call 07871 781 052 or email [copmanthorpecovid19@gmail.com](mailto:copmanthorpecovid19@gmail.com)

### Food Outlets and Take Aways:

- The **Co-op** remains open and well stocked. Customers are being asked to observe social distancing in store and access is regulated to limit the numbers in store at any one time. You may be asked to queue outside (with 2mt between individuals) until someone has finished shopping
- **Tesco** at Askham Bar is open and well stocked. Customers are being asked to observe social distancing in store and access is regulated to limit the numbers in store at any one time. You may be asked to queue outside (with 2mt between individuals) until someone has finished shopping. Tesco delivery and Click & Collect services are operating but are very busy.
- **The Sun Inn** at Colton is selling basic foods and will only allow two customers at a time inside. They also offer a take away menu and a fresh meat ordering service and can organise local deliveries to Copmanthorpe on a Tuesday, Thursday and Saturday.
  - Orders for fresh meat should be made by 12:00noon on Monday for Wednesday collection and by 5:00pm on a Wednesday for Friday collection. Email orders to [chefash30@icloud.com](mailto:chefash30@icloud.com).
  - For shop and takeaway hours and orders call 01904 744 261
- **Ainsty Ales** are offering to deliver their real ales, email [info@ainstyales.co.uk](mailto:info@ainstyales.co.uk) or call 01904 703 233 for information. They are also stocking basic food items so that residents of Acaster Malbis do not have to travel outside the village for essentials. Ainsty will deliver or they offer a drive through service on a Thursday afternoon (beer included)
- The chef at **Pike Hills Golf Club** is offering a take away meal service. Call 07949 550 884 or email [teeboxcatering@gmail.com](mailto:teeboxcatering@gmail.com).
- **The Nags Head** at Askham Bryan is offering a takeaway menu from 4:00pm to 9:00pm, Monday to Saturday and a delivery service with last orders at 8:00pm, same days. They are also offering a Sunday lunch service. Call 01904 706 953. Menus on their Facebook page.
- **The Sizzling Plate** has re-opened for take away only
- **Ged Bell Butchers** are offering a delivery service to Copmanthorpe on a Thursday. Orders must be placed by 'phone by Wednesday. Call 01904 706 069
- **Millie's Greengrocers** are offering a delivery service, see [www.milliesyork.uk](http://www.milliesyork.uk) or call 07766 313 122 for information
- **Miller Food Services** are offering a grocery delivery service on a next day basis if ordered before 9:00pm and a click and collect service from their Dunnington cash and carry. See [www.millerfoodservice.co.uk](http://www.millerfoodservice.co.uk) or call 01904 655 368
- Further afield, with thanks to the researchers at York Covid-19 Community - Copmanthorpe, the following companies are offering delivery and/or takeaway services. An up to date list is also available [here](#)

- Bluebird Bakery, City Centre - [hello@bluebirdbakery.co.uk](mailto:hello@bluebirdbakery.co.uk) 01904 627706
- Café No 8 - [bistro@cafeno8.co.uk](mailto:bistro@cafeno8.co.uk) or 01904 653074
- Dough Eyed Pizza, City Centre - [hi@dougheyed.uk](mailto:hi@dougheyed.uk) or 07342 634990
- Gatehouse Coffee, City Centre - 01904 464050
- The Hairy Fig, City Centre - 07884493309
- Le Cochon Aveugle, City Centre - 01904 640222
- Shambles Fruit & Veg, City Centre - 07852 877053
- Sheila's GreenGrocers, City Centre - 07470308824
- Street Cleaver at Fossgate Social, City - [www.facebook.com/streetcleaveryork](https://www.facebook.com/streetcleaveryork)
- Love Cheese, Gillygate - 01904 622967
- Costello's Good Food Shop, Bishopthorpe Road - [www.costellosgoodfoodshop.co.uk](http://www.costellosgoodfoodshop.co.uk) or 01904 637445
- Fruitique, Bishopthorpe Road - 01904 653821
- Good Food Shop, Bishopthorpe Road - 01904 637445
- M&K Quality Butchers, Bishopthorpe Road - 01904 639300
- Robinsons, Bishopthorpe Road - 01904 674447
- The Fruit Loop Of York, Bishopthorpe Road - 07749 219323
- The Greengrocer Of Acomb - 07402 149715
- Love To Eat, Dringhouses - [fiona@lovetoeat.co.uk](mailto:fiona@lovetoeat.co.uk) or 01904 778880 or 07951 170620
- Richardsons of Woodthorpe, Woodthorpe - [www.richardsonsofwoodthorpe.co.uk](http://www.richardsonsofwoodthorpe.co.uk) or 01904 707876
- Knavesmire Butchers, South Bank - 01904 620722
- Food Circle, Tang Hall - Call 07511 717946
- FR Fowler & Son (Burnholme Fisheries), Tang Hall - 01904 421360 or 07711 808800
- Fastpack, Heworth - 01904 430990
- Heworth Dairies Ltd, Heworth - 01904 421105
- Love's Greengrocers, Heworth - [lovesgreengrocers@outlook.com](mailto:lovesgreengrocers@outlook.com) or 07513 230580 or 07525 226 575
- One Six One Catering, Heworth - 07508 028327
- Fodder & Forage, New Earswick - [rosie@fodderandforage.com](mailto:rosie@fodderandforage.com) or 01904 220533
- George's Greens Wholesale and Retail, Haxby - 01904 767900
- Hacı's Place, Haxby - 01904761600
- Haxby Bakehouse, Haxby - [mail@haxbybakehouse.co.uk](mailto:mail@haxbybakehouse.co.uk) or 01904 765878
- Viking Butchery, Poppleton - 01904 794848
- Bish N Chips, Bishopthorpe - 01904 709159
- Heslington Fresh Food Ltd, Escrick - [hffltd@live.co.uk](mailto:hffltd@live.co.uk) or 01904 728905
- Hebden and Sons, Easingwold - 01347 824540
- Brown's Greengrocers, Pocklington - 01759 307134
- Richardson's Produce, Easingworld(?) - [www.richardsonsproduce.co.uk/shop](http://www.richardsonsproduce.co.uk/shop), email [info@richardsonsproduce.co.uk](mailto:info@richardsonsproduce.co.uk) or 01347 888 338
- York Virtual High Street – [www.yorkhighstreet.com/](http://www.yorkhighstreet.com/)
- Star Seed Catering - [starseedcafe@gmail.com](mailto:starseedcafe@gmail.com) or 07701 348575
- The Early Bird Milkman - 07972 758963
- Hudson Fresh Milk - 07519 620211
- York Wholesale Meats - 01904 613678 or [www.yorkwholesalemeats.co.uk](http://www.yorkwholesalemeats.co.uk)
- Poppy Caterers - 01347 878628
- Two Jays Caterers - 07884 075231
- Brew York, City Centre - [sales@brewyork.co.uk](mailto:sales@brewyork.co.uk) or 01904 848448

- A free app is available with information on local businesses offering food delivery/collection/takeaway (NB not checked or verified by the editors):
  - Apple: <https://apple.co/2PiRjSQ>
  - Android: <http://bit.ly/Androidconnectedyork>

### **Medical Services**

- **Old School Medical Practice.** All initial appointments will be by telephone. If the clinician decides a face to face appointment is required patients will be advised during the consultation. Appointments may be made by calling 01904-706455. The online appointment service has been temporarily suspended.
- **Front Street Surgery** (Copmanthorpe) – patients should call the main switchboard on 01904 794141. Lines are open from 8.00am to 6.00pm Monday to Friday.
- **Copmanthorpe Pharmacy** is open and well stocked but customers will be served at the door, ring the bell for attention.
- **Thorpe Dental Group** is operating an emergency telephone consultation service for patients who have urgent pain or swelling. For urgent assistance, call 01904 706795.
- Further afield, with thanks to the researchers at York Covid-19 Community - Copmanthorpe, the following companies are offering delivery and/or takeaway services:
  - Monkbar Pharmacy, City Centre - [covid19@monkbarpharmacy.co.uk](mailto:covid19@monkbarpharmacy.co.uk)

### **Pets & Pet Supplies**

- **Minster Vets.** Routine appointments are no longer being offered in-person in line with government guidelines on social distancing. The practice is offering vet telephone consultations in order to help remotely where appropriate. Call 01904 705701
- **Foss Feeds** are open with plenty of stock to supply customers with pet food, treats, etc. Calling and Click & Collect customers will be served at the window and their online ordering service is operating as normal. Order at: [www.fossfeeds.com](http://www.fossfeeds.com)
- Further afield, with thanks to the researchers at York Covid-19 Community - Copmanthorpe, the following companies are offering delivery and/or takeaway services:
  - Acomb Pets - 01904 798963
  - Pets Pantry, Huntington - 01904 620527

### **Exercising**

- Government guidelines say people can go out to exercise, for example, on a run, walk or cycle, but just once a day and being careful to maintain social distancing.
- If you go out for a walk in the fields surrounding our village please be careful to keep to the paths and don't walk across fields, especially those containing newly sown crops.

### Village Churches

- Both village churches (St Giles' and Methodists) are offering online workshop and other worship resources that can be forwarded to local residents. Please check the relevant website or Facebook group for more details or get in touch with the church leaders below:
- **St Giles' Church**
  - Revd Geoff Mumford, 707716, mobile 07980 569450, email: [vicar@stgileschurchcopmanthorpe.org](mailto:vicar@stgileschurchcopmanthorpe.org)
  - Revd Glenda Webb, 07871 241933, email: [glenda@stgileschurchcopmanthorpe.org](mailto:glenda@stgileschurchcopmanthorpe.org)  
Website: [www.stgileschurchcopmanthorpe.org](http://www.stgileschurchcopmanthorpe.org) or [Facebook](#)
- **Copmanthorpe Methodist Church**
  - Revd Helen Freeston, 594460, email: [helenfreeston1958@gmail.com](mailto:helenfreeston1958@gmail.com)
  - Revd Steve Barlow, 709713, email: [revsmbarlow@gmail.com](mailto:revsmbarlow@gmail.com)  
Website: [www.copmanthorpemethodist.org.uk](http://www.copmanthorpemethodist.org.uk) or [Facebook](#)

### Copmanthorpe WI

- WI meetings are currently taking place online via Zoom and WhatsApp video calls. For further information email: [copmanthorpewi@gmail.com](mailto:copmanthorpewi@gmail.com) or ring Rachael on 07941 384233. You can also find out more on Facebook ([Copmanthorpe Women's Institute](#)) or Twitter ([@CopmanthorpeWI](#))

### Copmanthorpe Library

- Copmanthorpe library is currently closed but it's possible to access some library services via the Explore Library website: [www.explore.york.org.uk/coronavirus](http://www.explore.york.org.uk/coronavirus). All books on loan have automatically been renewed until 30th June and no fines will be applied. If you have any questions, please email: [copmanthorpe@explore.york.org.uk](mailto:copmanthorpe@explore.york.org.uk)

### ChatterCraft

- Chattercraft is currently meeting online every Wednesday at 10am via Zoom. Please ring Rachael on 07941 384233 or contact [copmanthorpewi@gmail.com](mailto:copmanthorpewi@gmail.com) for more information

### Village Latest News

- **GARDEN WASTE COLLECTIONS** will begin on Monday 18<sup>th</sup> May. City of York Council have no plans to collect the backlog of garden waste that has built up but residents who have paid for an extra bin to be collected will be credited for the missed collections
- The **VILLAGE NEWSLETTER** is not being delivered door to door due to the Coronavirus distancing restrictions. The editorial pages may be downloaded and read by clicking [here](#)
- **COPMANTHORPE CARNIVAL** has been postponed for a year. The 2021 Carnival will take place on Saturday 3<sup>rd</sup> July.
- **COPMANTHORPE HORTICULTURAL SHOW**, scheduled for 11th July, has been cancelled for this year

- **RECYCLING NEWS:** The Parish Council regrets that it's very successful Recycling Scheme is temporarily suspended. Please click on News & Events for further details

### **City of York Council Activities**

- The Council has started its normal grass cutting rounds. Although this might not be essential work, all local authorities are continuing to cut grass in order to maintain the highway (which includes verges and footpaths) in order to prevent grass from overhanging footpaths, causing trip/slip hazards and to stop long grass blocking sight lines at junctions. They are cutting other grass areas but will not be collecting grass cuttings.
- Street Cleaning. As long as resources allow, the Council are continuing to:
  - Empty dog waste and litter bins
  - Remove fly tips
  - Attend to reports of glass, dog excrement and discarded sharps
  - Normal litter picking rounds
  - City centre cleansing (reduced due to lack of foot traffic)
  - Mechanical sweeping
- Highway Weed Control
  - As with the cutting of grass verges, controlling weeds on the highway will ensure no trip/slip hazards and prevent damage to footpaths, which in turn would cause further hazards.
  - The first round of this years weed control was completed in Copmanthorpe on the 21st April. We should start and see dieback of weeds approx. 14 days after application

### **Things to do at Home**

- Many establishments are offering online activities, here are some but there are many more to be found online:
  - The British Museum
    - The museum has a page on the different ways people can still experience the museum from home, such as podcasts and audio tours.  
[https://blog.britishmuseum.org/how-to-explore-the-british-museum-from-home/?gclid=EAAlaQobChMIisaZxoqk6QIVbIBQBh2AxAo\\_EAAYASAAEgLcAvD\\_BwE](https://blog.britishmuseum.org/how-to-explore-the-british-museum-from-home/?gclid=EAAlaQobChMIisaZxoqk6QIVbIBQBh2AxAo_EAAYASAAEgLcAvD_BwE)
    - You can explore the museum through google maps street view. This link puts you straight into the Egyptian sculpture gallery <https://www.google.co.uk/maps/@51.5192048,-0.1274951,2a,75y,167.1h,80.16t/data=!3m6!1e1!3m4!1sFyBuFtvu6FeVvVc5--uiw!2e0!7i13312!8i6656?hl=en>
- Google provide an online resource called google arts and culture which gives access to various institutions. Some that may be of interest below though there are plenty more, and a great many art galleries.
- English Heritage - including a really dynamic exhibit on maiden castle iron age hillfort for example <https://artsandculture.google.com/partner/english-heritage>
- Stonehenge and Avebury - <https://artsandculture.google.com/partner/stonehenge-and-avebury-world-heritage-site> including the exhibit "30 objects, 30 years" - <https://artsandculture.google.com/exhibit/30-objects-30-years/BQKCBomJgNWHIA>
- Historic England - <https://artsandculture.google.com/partner/historic-england>

- National Museums Scotland - <https://artsandculture.google.com/partner/national-museum-of-scotland>
- The Bowes Museum - <https://artsandculture.google.com/partner/the-bowes-museum>
- The Imperial War Museums <https://artsandculture.google.com/partner/imperial-war-museums>
- The Natural History museum <https://artsandculture.google.com/partner/natural-history-museum>
- Going overseas another very interesting site - the Benaki Museum in Athens - <https://www.benaki.org/index.php?lang=en> which includes a permanent collection of prehistoric, ancient greek and roman art here [https://www.benaki.org/index.php?option=com\\_collections&view=collection&id=33&lang=en](https://www.benaki.org/index.php?option=com_collections&view=collection&id=33&lang=en) and some really interesting pre columbian, islamic, chinese and korean collections.
- and a virtual tour of the National Palace Museum of Taiwan <https://tech2.npm.edu.tw/720vr/museum/en/views.html>
- The Museum of Islamic art in Qatar has a google arts and culture page with resources and a tour <https://artsandculture.google.com/partner/the-museum-of-islamic-art-qatar>
- Askham Bryan Wildlife Park - virtually visit and learn with Askham Bryan Wildlife and Conservation Park - [The series can be found at the Askham Bryan Wildlife Park YouTube page.](#)
- Natural History Museum - [www.nhm.ac.uk/visit/virtual-museum.html](http://www.nhm.ac.uk/visit/virtual-museum.html)
- National Gallery - [www.nationalgallery.org.uk/visiting/virtual-tours](http://www.nationalgallery.org.uk/visiting/virtual-tours)
- Grand Canyon - [www.nps.gov/grca/learn/photosmultimedia/virtualtour.htm](http://www.nps.gov/grca/learn/photosmultimedia/virtualtour.htm)
- NASA - [www.nasa.gov/nasa-at-home-virtual-tours-and-augmented-reality](http://www.nasa.gov/nasa-at-home-virtual-tours-and-augmented-reality)
- Machu Picchu - [www.youvisit.com/tour/machupicchu?pl=f](http://www.youvisit.com/tour/machupicchu?pl=f)
- Buckingham Palace - [www.royal.uk/virtual-tours-buckingham-palace](http://www.royal.uk/virtual-tours-buckingham-palace)
- Kew Gardens - [www.kew.org/about-us/virtual-kew-wakehurst](http://www.kew.org/about-us/virtual-kew-wakehurst)
- Pyramids of Giza, Petra, Angkor, Taj Mahal, and Venice - [www.heritagedaily.com/category/archaeology-news](http://www.heritagedaily.com/category/archaeology-news)